

DIRECTIONS TO THE UCSD MEDICAL CENTER

FROM 5 SOUTH (North County, La Jolla areas)

Take the 5 South towards Downtown San Diego. Pass the Exits for the 8 East (staying on 5 South) and look for the Washington St. Exit. Take the Washington St. Exit and make a LEFT at the light onto Washington Street.

Continue up the hill on Washington Street and make a LEFT on First Avenue. Go through the first stop sign and follow the road as it curves to the left and becomes Arbor Drive. Go straight past the second stop sign, staying on Arbor Drive and park in the large parking structure that is straight in front of you (Arbor Drive Parking Structure). Be sure to bring your parking letter and give it to the parking office so that they can give you a pass (we cannot validate parking in the outside parking lots).

Once parked, walk back on Arbor Drive to the Main Entrance of the UCSD Medical Center. Walk straight into the hospital, where you will see an Information Desk. Pass the desk to the elevators which are straight in front of you. Take the elevator to the 9th floor. Walk all the way down the hall to the end and turn right toward “CRC Research Center”. Check in with the nurse at the nursing station on your right-hand side and wait in the waiting room which is just next to the nursing station on the right-hand side. I will meet you in the waiting room.

FROM 163 SOUTH (Poway, Escondido, Mira Mesa areas):

Take the 163 South (from the 15 South if necessary). Take the University Avenue exit (just after the exits for Hwy 8). Make a RIGHT at the light onto University Avenue. Go past the next few stoplights and make a RIGHT onto First Avenue. Go through the first stop sign and follow the road as it curves to the left and becomes Arbor Drive. Go straight past the second stop sign, staying on Arbor Drive and park in the large parking structure that is straight in front of you (Arbor Drive Parking Structure). Be sure to bring your ticket stub so we can validate your parking (we cannot validate parking in the outside parking lots).

Once parked, walk back on Arbor Drive to the Main Entrance of the UCSD Medical Center. Walk straight into the hospital, where you will see an Information Desk. Pass the desk to the elevators which are straight in front of you. Take the elevator to the 9th floor. Walk all the way down the hall to the end and turn right toward “CRC Research Center”. Check in with the nurse at the nursing station on your right-hand side and wait in the waiting room which is just next to the nursing station on the right-hand side. I will meet you in the waiting room.